

## Module: Becoming a better youth worker/trainer/mentor Welcome / Introduction Session

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- Structure of the module
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#### Aims of the module

- To provide individuals with the knowledge, skills, and strategies needed to become effective youth workers, trainers, or mentors.
- To help individuals understand the unique challenges and opportunities associated with working with young people, and to provide them with the tools and techniques necessary to engage, support, and empower young people to achieve their goals and reach their full potential.
- To help individuals become more effective and confident in their roles as youth workers, trainers, or mentors, and to make a positive impact on the lives of the young people they work with.
- To provide a foundation for ongoing professional development and growth in the field of youth work.

#### Structure of the module

Welcome / Introduction section

- Presentation of an overview of the module.
- Presentation of aims and learning objectives

Lesson 1: Soft Skills, Personal SWOT Analysis

- Understanding of soft skills
- Personal SWOT analysis

Lesson 2: Leadership and Inclusion

 Understanding diversity, inclusion and embrace this diverse perspective in the workplace

Lesson 3: Communication and Teamwork

- Focus on teamwork
- Effective communication

**Closing session** 

- Final thoughts
- Assessment activity

### **Learning objectives**

- Develop a better understanding of soft skills and their importance in youth work.
- Identify and assess own strengths and weaknesses through a personal SWOT analysis.
- Understand the key principles of leadership and how they can be applied in a youth work context.
- Build skills and strategies for effective teamwork and collaboration in a youth work setting.
- Promote diversity, equity, and inclusion in youth work practice.

### Skills targeted



#### Added value of the module

- Improved job performance and satisfaction: By developing the necessary skills and knowledge to be an effective youth worker, trainer, or mentor, individuals are likely to experience increased job satisfaction and a sense of fulfillment in their work.
- Enhanced personal growth and development: The skills and knowledge developed through this module can benefit individuals in their personal lives, such as by improving their communication and interpersonal skills.

# Let's get to know each other!

- Introduce yourself!
- Why you participate in this training?
- What are your expectations from this training?



# Any questions? Thank you!

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